

Announcement

*Mohawk Valley Classic
and
Mohawk Valley Learn to Skate Competition*



*Hosted by
The SKATING CLUB of NEW HARTFORD*

Saturday, January 19th, 2019

**NEW HARTFORD RECREATION CENTER
4 Mill Street
NEW HARTFORD, NEW YORK**

Website: <http://www.scnh.org>

United States Figure Skating Association - 28128
Sanctioned by Skate Canada - pending

This competition is non-qualifying and is open to any amateur skater who is a member in good standing with US Figure Skating or Skate Canada. US Figure Skating rules will apply throughout the competition.

Sanctioned by:



Entry Deadline: December 7, 2018

Enter on Entryeeze through www.scnh.org



Mohawk Valley Classic



Saturday, January 19, 2019

NEW HARTFORD RECREATION
CENTER NEW HARTFORD, NEW YORK

The Mohawk Valley Classic, hosted by the Skating Club of New Hartford is an annual, non-qualifying competition which offers a variety of singles and group events, including Learn to Skate USA Basic Skills and Adult categories in many disciplines.

The Mohawk Valley Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website, **EXCEPT AS MODIFIED BY THIS ANNOUNCEMENT**. Please read element charts and eligibility requirements carefully. This competition is sanctioned by US Figure Skating and Skate Canada.

ELIGIBILITY: This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are a currently registered member of U.S. Figure Skating or Skate Canada. Please refer to the current rulebook for non-U.S. citizen requirements.

TEST LEVEL: Competition level eligibility is the highest test (USFS or Skate Canada) passed as of the entry deadline (December 7, 2018) in the discipline the skater is entering. Entrants may skate at any level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age Restrictions Event Requirements: All age restrictions are age as of close of entries. Skaters entering Open Juvenile free skate events must meet USFS age requirements at the close of entries (girls: at least 13 years of age, boys at least 14 years of age). Skaters entering Beginner–Pre-Juvenile events and Adult events will be divided as closely as possible by age should the number of entries warrant more than one group.

For all events where permitted by US Figure Skating, if there are insufficient entries to hold separate contested events, male and female skaters will compete against one another in a combined event.

ENTRIES: Entries must be **filled out completely on Entryeeze** no later than **December 7, 2018**.

The entry fees are:	\$60.00 for the first event
	\$30.00 second event
	\$15.00 each additional event
	\$45.00 per small group showcase event
	\$30.00 for Compete USA Basic Skills / Badge Freeskate Compulsory Elements events
	\$25.00 LATE FEE
	\$20.00 NON Electronic Entry

The competition committee reserves the right to limit the size of each event, to cancel any event with less than two entrants (with refund of entry fee), and to combine or divide groups as necessary. Before canceling an event, the committee may ask skaters to skate up a level or skate an exhibition with judge’s critique if they are the only competitor in a given level. A skater electing to exhibit will forfeit return of their fee for that event.

REFUND POLICY: Entry fees will not be refunded after December 7, 2018 unless no competition exists or the event is canceled. (Rule 3048) **There will be no refunds for medical withdrawals.**

FACILITIES: The competition will be held at The New Hartford Recreation Center, 4 Mill Street, New Hartford,

NY, 13413. The rink is 85 ft x 185 ft with rounded ends. Snack bar and locker rooms will be available.

MUSIC: Each competitor must supply his/her own music on CD for Free skate programs, MIF with music and Showcase – each music item submitted must be clearly labeled with the competitor's name, club, event and length of music. CDs must have only 1 (one) track per CD. No CD-RW discs will be accepted. All music should be turned in at the time of registration and may be picked up shortly after the completion of the event. It is recommended each competitor have an extra copy of music for each event entered. Every reasonable care will be taken, but The Skating Club of New Hartford cannot be responsible for CDs left at the end of the competition. Please have separate CDs for practice and competition.

LIABILITY: U.S. Figure Skating, Skating Club of New Hartford, and New Hartford Recreation Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

The **6.0 Majority Judging System** will be used for ALL events:

- All Excel Events
- All Adult events
- All Compete USA Skills and Program Events
- All Compulsory Moves, Jumps, Spins, MIF to Music and Showcase Events

REGISTRATION: Registration will begin on January 19, 2019 at 7:00 am and will be open throughout the competition. The registration table will be located at the main rink entrance. Please register promptly upon arrival.

CANADIAN EQUIVALENTS: In all events, the following Skate Canada level equivalents apply. The following chart is supplied for your convenience. If there are questions on the appropriate level of a Canadian skater, the question will be decided by the Referee and the Competition Committee:

FREESTYLE	
USFS	Skate Canada
Beginner	CAN Skate A & B
Badge	CAN Skate A & B
Pre-Preliminary	CAN Skate C
Preliminary	No Test Preliminary
Pre-Juvenile	Preliminary
Juvenile	No equivalent
Intermediate	Junior Bronze
Novice	Senior Bronze
Junior	Novice (Junior Silver)
Senior	Junior (Senior Silver)
	Senior (Gold)

PRACTICE ICE: Available practice ice will be determined after the close of entries. A schedule of event times and practice ice times will be posted on our web-site at least one week prior to competition. ***Practice ice - if available - will be sold at the rink on a first-come, first-serve basis only.*** Sessions will cost \$15.

PHOTOGRAPHY: A professional photographer will be on site. Details about pricing and packages will be made available by the vendors on the day of the competition. For the safety of our skaters, **NO FLASH PHOTOGRAPHY** is allowed during any of the events.

AWARDS: Medals will be awarded to the first **THREE** placements in each event at the announced times during the competition. Ribbons will be awarded to the fourth and fifth place finishers. Results will be posted.

OFFICIAL NOTICES: An official bulletin board will be maintained at the registration desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive one hour prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES: The Mohawk Valley Classic is a USFS sanctioned event; therefore, in order to be granted access to work within U.S. Figure Skating sanctioned activities, coaches must meet the following requirements:

Coaching U.S. Figure Skating athletes:

- Current member in good standing with U.S. Figure Skating
- Completed background check (green light status)
- Completed SafeSport Training*
- Continuing Education Requirements (CERs) for the 2018-19 Competition Season
- Proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

Coaching Compete USA athletes:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SafeSport Training* (for coaches 18 years old and over)
- Completed background check (green light status) (for coaches 18 years old and over)
- Learn to Skate USA Instructor Certification completed (for coaches under 18 years old)

*SafeSport training is available through www.usfsaonline.org for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons. The LOC will have a list of compliant coaches who are approved to receive a credential at the competition.

Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy. If a foreign coach has only foreign athletes at your competition, a background check and SafeSport Training is not required. Instead, the coach must submit a letter from their Federation stating they are a member in good standing. For more information regarding Coach Compliance, please visit: <http://usfsa.org/content/Coaches%20Requirements%20Chart.pdf>

CONTACT INFO:

If you have questions, please contact one of the Competition Chairs:

Gina Malinowski at (315)794-8577, ginamski@msn.com

or

Mary Ellen Schultz at (315)794-6216, meschultz@roadrunner.com

ADDITIONAL INFORMATION: The official hotel of the competition is the Hampton Inn Suites – New Hartford, 201 Woods Park Drive, Clinton, NY 13323, Phone (315) 793-1600. When making your reservation, mention being a skater at the Mohawk Valley Classic competition and receive a special rate. This special reservation rate will be held until **January 4, 2019**. A reservation link is also available at www.scnh.org.

NOTE:

Skaters must be at the rink – and READY TO SKATE - at least one hour before their scheduled event time. This is a non-qualifying competition and events may run ahead or behind schedule

SINGLES FREE SKATING EVENTS

Skaters may enter only one Freestyle event during the same non-qualifying competition (Well Balanced, Test Track or LTS Basic Program with Music). Participation in all non-free-skating events will be based on test level not free-skate event choice. For any free skate event, skaters may compete only at the test level, or one level higher. See current rulebook (2018/19) for rules and requirements.

WELL BALANCED FREE SKATE

Programs will be judged according to the well-balanced program descriptions as shown in the current (2018 - 2019) US Figure Skating Rulebook. Vocal music is permitted at all levels.

The 6.0 Judging System will be utilized for No-Test through Pre- Juvenile, Open Juvenile and all Adult free skate events;

Skaters may skate at their test level OR one level higher.

LEVEL	Qualifications / Elements	Program Length
No Test	Must not have passed USFS Pre-Preliminary FS test. No Axel or double jumps permitted; Max 5 jump elements, up to 2 jump combinations or sequences (2 jumps in a combo, 3 single jumps in a sequence); max 2 spins of a different character (may fly, may change foot and position);min. 3 revolutions; one ½ surface step sequence.	1:40 maximum time -no penalty for shorter music
Pre- Preliminary	Skaters who have not passed the USFS Preliminary Free Skating Test Max 5 jump elements, up to 2 jump combinations or sequences (2 jumps in a combo, 3 single jumps in a sequence); single Axels allowed (max. 2), may be repeated as sequence or combination; number of single jumps is not limited (provided max jump elements is not exceeded); no double or triple jumps; 2 spins of a different character (may fly, may change foot and position);min. 3 revolutions; one ½ surface step sequence	1:40 maximum time -no penalty for shorter music
Preliminary	Skaters who have not passed the USFS Pre-Juvenile Free Skating Test Max 5 jump elements, one must be an Axel/waltz-type jump; up to 2 jump combinations or sequences (2 jumps in a combo, 3 single jumps in a sequence); Single Axels and up to two different double jumps may be repeated in a sequence or combination; only double salchow, double toe-loop, double loop); number of single jumps is not limited (provided max jump elements is not exceeded); max 2 spins of a different character (may fly, may change foot and position);min. 3 revolutions; one ½ surface step sequence.	1:30 +/- 10 seconds
Pre-Juvenile	Skaters who have not passed the USFS Juvenile Free Skating Test Max 5 jump elements, one must be an Axel/waltz-type jump; all single and double jumps allowed (no double axel); up to 2 jump combinations or sequences (2 jumps in a combo, 3 single jumps in a sequence); Axels and up to 3 different double jumps may be repeated in a sequence or combination; (no triple or quadruple jumps); max 2 spins; one spin combination without change of foot, 1 spin with only 1 position (min 4 revs; 6 revs for combination (both may fly); one step sequence utilizing the full ice surface	2:00 +/- 10 seconds
Open Juvenile (Girls: age 13 and up Boys: age 14 and up)	Skaters who have not passed the USFS Intermediate Free Skating Test Max 5 jump elements, one must be an Axel-type jump; up to 2 jump combinations or sequences (3 jump combo limited to max 2 double/1 single); up to 3 different double jumps may be repeated in a sequence or combination; all single and double jumps allowed (no triple or quadruple jumps); max 2 spins; one spin combination w/without change of foot (min 8 revs), 1 spin with only 1 position, no change of foot (min 5 revs), both spins may fly; one choreographic step sequence utilizing the full ice surface	2:20 +/- 10 seconds
Adult Pre-Bronze	Skaters may be 21 years old or older and have not passed any standard USFS FS or moves test, OR not passed the Adult Bronze FS test (no axels or double jumps)	Not to exceed 1:40
Adult Bronze	Must be 21 years old or older and not have passed the Adult Silver FS test (no axels or double jumps permitted)	Not to exceed 1:50
Adult Silver	Must be 21 years old or older and not have passed the Adult Gold FS test (axel permitted; no double jumps permitted)	Not to exceed 2:10
Adult Gold	Must be 21 years old or older and have passed the Adult Gold FS	Not to exceed 2:40
Adult Masters	Must be 21 years old or older and have passed the Standard Intermediate FS test, the Adult Gold Gold FS test or the 3 rd figure test before 10/1/77	Not to exceed 3:40

EXCEL FREE SKATE

General event parameters:

- Skaters may not enter more than one Free Skate event at the same non-qualifying competition. (Well-Balanced, Excel, LTS Basic Program with Music)
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.

Excel events may be run as 6.0 events. Events will be run in accordance with the Excel Technical Handbook on the Excel Program webpage.

LEVEL	Elements		
<p>Excel Beginner Max Time:1:40 (no penalty for shorter music)</p> <p>May not have passed higher than Learn to Skate USA Free Skate 2</p>	<p>Maximum 4 jump elements:</p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front) • Single rotation jumps: Salchow, toe loop only • Eulers (half loops) are not allowed. • Maximum 2 jump combinations or sequences • Maximum 2 of any same jump 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • Two upright spins • No change of foot • No flying entry • Minimum 3 revolutions 	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> • Must use one-half of the ice surface • Moves in the field and spiral sequences are allowed but will not be counted as elements • Jumps may be included in the step sequence
<p>Excel High Beginner Max Time:1:40 (no penalty for shorter music)</p> <p>Must not have passed higher than Learn to Skate USA Free Skate 4</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front) • Single rotation jumps: toe loop, Salchow, Euler (half-loop), loop • Flip, Lutz, & Axel NOT permitted • Maximum 2 jump combinations or sequences • Maximum 2 of any same jump 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • Both spins must be in a single position • No flying entry • Permitted forward spins: upright, sit, camel • Permitted back spins: upright • Minimum 3 revolutions • Spins must be of a different character 	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> • Must use one-half of the ice surface • Moves in the field and spiral sequences are allowed but will not be counted as elements • Jumps may be included in the step sequence
<p>Excel Pre-Preliminary Max Time:1:40 (no penalty for shorter music)</p> <p>Must not have passed higher than U.S. Figure Skating pre-preliminary free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> • All single jumps allowed, except for the Axel <ul style="list-style-type: none"> • No single Axels, double, or higher jumps allowed • Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded • Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3-jump combination is allowed • Jump sequence is any listed jump immediately followed by a waltz jump 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • One spin must be in a single position* • One spin may change feet and/or position • No flying entry • Minimum 3 revolutions • Spins must be of a different character 	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> • Must use one-half of the ice surface • Moves in the field and spiral sequences are allowed but will not be counted as elements • Jumps may be included in the step sequence

<p>Excel Preliminary Time: 1:30 +/- 10</p> <p>Must not have passed higher than U.S. Figure Skating preliminary free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> <input type="checkbox"/> All single jumps allowed, except for the Axel <ul style="list-style-type: none"> • No single Axels, double, or higher jumps allowed • Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded <input type="checkbox"/> Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3-jump combination is allowed • Jump sequence is any listed jump immediately followed by a waltz jump 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • One spin must be in a single position* • One spin may change feet and/or position • No flying entry • Minimum 3 revolutions • Spins must be of a different character 	<p>Maximum 1 Sequence: Choreographic Step Sequence* (ChSt)</p> <ul style="list-style-type: none"> • Must use one-half of the ice surface • Moves in the field and spiral sequences are allowed but will not be counted as elements • Jumps may be included in the step sequence
<p>Excel Preliminary Plus Time: 1:30 +/- 10</p> <p>Must not have passed higher than U.S. Figure Skating preliminary free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> <input type="checkbox"/> All single jumps allowed, including the Single Axel <ul style="list-style-type: none"> • No double, or higher jumps allowed • Single Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels) • Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded <input type="checkbox"/> Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> • All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps) • Jump combinations limited to 2 jumps. One 3-jump combination is allowed • Jump sequence is any listed jump immediately followed by an axel type jump. 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • One spin must be in a single position* • One spin may change feet and/or position • No flying entry • Minimum 3 revolutions • Spins must be of a different character 	<p>Maximum 1 Sequence: Choreographic Step Sequence* (ChSt)</p> <ul style="list-style-type: none"> • Must use one-half of the ice surface • Moves in the field and spiral sequences are allowed but will not be counted as elements • Jumps may be included in the step sequence
<p>Excel Pre-Juvenile Time: 2:00 +/- 10</p> <p>Must not have passed higher than U.S. Figure Skating prejuvenile free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> <input type="checkbox"/> All single jumps allowed, except for the Axel <ul style="list-style-type: none"> • No single Axels, double, or higher jumps allowed • Number of single jumps (except single Axel) is not limited provided the maximum number of jump elements allowed is not exceeded <input type="checkbox"/> Maximum 2 jump combinations or jump sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3-jump combination is allowed • Jump sequence any listed jump immediately followed by a waltz jump. 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> o Minimum 6 revolutions o No flying entry • 1 spin with only 1 position* <ul style="list-style-type: none"> o No change of foot o No flying entry o Minimum 4 revolutions <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence: Choreographic Step Sequence* (ChSt)</p> <ul style="list-style-type: none"> o Must fully utilize the ice surface o Moves in the field and spiral sequences are allowed but will not be counted as elements o Jumps may be included in the choreographic step sequence

<p>Excel Pre-Juvenile Plus Time: 2:00 +/- 10</p> <p>Must not have passed higher than U.S. Figure Skating prejuvenile free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 must be an Axel-type jump or a waltz jump* <input type="checkbox"/> All single jumps allowed, including the Single Axel. <input type="checkbox"/> Only 1 double jump may be attempted (limited to double Salchow or double Toe loop) <ul style="list-style-type: none"> • Double loop, double flip, double Lutz, double Axel and higher jumps not allowed. • Axel plus up to 1 allowable double jump may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination • Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded <input type="checkbox"/> Maximum 2 jump combinations or sequences <ul style="list-style-type: none"> • Jump combination limited to 2 jumps. One 3 jump combination is allowed • Jump sequence is any listed jump immediately followed by an axel type jump. 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> • Minimum 6 revolutions • No flying entry • 1 spin with only 1 position* <ul style="list-style-type: none"> • No change of foot • Spin may start with flying entry • Minimum 4 revolutions <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> • Must fully utilize the ice surface • Moves in the field and spiral sequences are allowed but will not be counted as elements • Jumps may be included in the choreographic step sequence
<p>Excel Juvenile Time: 2:20 +/-10</p> <p>Must not have passed higher than U.S. Figure Skating juvenile free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> <input type="checkbox"/> All single jumps allowed, including the Single Axel. <ul style="list-style-type: none"> • No double or higher jumps allowed • Axel may be repeated once (but not more) as a solo jump or part of a jump sequence or jump combination (maximum 2 single Axels) • Number of remaining single jumps is not limited provided the maximum number of jump elements allowed is not exceeded • <input type="checkbox"/> Maximum 2 jump combinations or sequences <ul style="list-style-type: none"> • All single jumps, including the single Axel are allowed as part of a jump combination or sequence (no double jumps) • Jump combinations limited to 2 jumps. One 3-jump combination is allowed • Jump sequence is any listed jump immediately followed by an axel type jump 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> • Minimum 6 revolutions • Minimum 2 revolutions in each position • 1 spin with only 1 position* <ul style="list-style-type: none"> • No change of foot • Minimum 5 revolutions <p>Both Spins may start with a flying entry</p> <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> • Must fully utilize the ice surface
<p>Excel Juvenile Plus Time: 2:20 +/- 10</p> <p>Must not have passed higher than U.S. Figure Skating juvenile free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 5 jump elements:</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 must be an Axel-type jump* <input type="checkbox"/> All single jumps allowed, including the Single Axel. <input type="checkbox"/> Only 2 double jump may be attempted (limited to double Salchow or double Toe loop) <ul style="list-style-type: none"> • Double loop, double flip, double Lutz, double Axel and higher jumps not allowed • No more than 1 Axel and 2 different double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination • Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded <input type="checkbox"/> Maximum 2 jump combinations or sequences <ul style="list-style-type: none"> • Jump combination limited to 2 jumps. One 3 jump combination is allowed • Jump sequence is any listed jump immediately followed by an axel type jump. 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> • Minimum 6 revolutions • Minimum 2 revolutions in each position • 1 spin with only 1 position* <ul style="list-style-type: none"> • No change of foot • Minimum 5 revolutions <p>Both Spins may start with a flying entry</p> <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> • Must fully utilize the ice surface

<p>Excel Intermediate Time:2:40 +/- 10</p> <p>Must not have passed higher than U.S. Figure Skating intermediate free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 6 jump elements:</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 must be an Axel-type jump* <input type="checkbox"/> All single jumps allowed, including the Single Axel. <input type="checkbox"/> Double Salchow, double toe loop and double loop allowed <ul style="list-style-type: none"> • Double flip, double Lutz, double Axel and higher jumps not allowed • No more than 1 Axel and 2 different double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination • Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded <input type="checkbox"/> Maximum 3 jump combinations or sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3 jump combination is permitted. • Jump sequence is any listed jump immediately followed by an axel type jump. 	<p>Maximum 2 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> • Minimum 6 revolutions • Minimum 2 revolutions in each position • 1 spin with only 1 position* <ul style="list-style-type: none"> • No change of foot • Minimum 5 revolutions <p>Both Spins may start with a flying entry</p> <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> • Must fully utilize the ice surface
<p>Excel Novice Time: Ladies 3:00 +/-10 Men 3:30 +/-10</p> <p>Must not have passed higher than U.S. Figure Skating novice free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 6 jump elements for ladies, 7 for men:</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 must be an Axel-type jump* <input type="checkbox"/> All single jumps, including the single Axel, allowed. Double Salchow, double toe loop, double loop, double flip allowed <ul style="list-style-type: none"> • Double Lutz, double Axel and higher jumps not allowed • No more than 1 Axel and 3 different double jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence • There is no limit to the number of single jumps that can be repeated, but no allowable double jump can be included more than twice • <input type="checkbox"/> Maximum 3 jump combinations or sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3 jump combination with a maximum of 3 jumps is allowed • Jump sequence is any listed jump immediately followed by an axel type jump. 	<p>Maximum 3 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> o Minimum 8 revolutions o Minimum 2 revolutions in each position • 1 flying spin with no change of foot or position* <ul style="list-style-type: none"> o Minimum 6 revolutions • 3rd spin is option of skater <p>All spins may start with a flying entry</p> <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> o Must fully utilize the ice surface
<p>Excel Junior Time: Ladies and Men: 3:30 +/-10</p> <p>Must not have passed higher than U.S. Figure Skating junior free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 7 jump elements</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 must be an Axel-type jump* <input type="checkbox"/> All single and double jumps allowed, except the double Axel. <ul style="list-style-type: none"> • Double Axel and higher jumps not allowed • No double jump can be included more than twice, and if repeated, at least 1 attempt must be as part of a jump combination or sequence <input type="checkbox"/> Maximum 3 jump combinations or sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3-jump combination is allowed • Jump sequence is any listed jump immediately followed by an axel type jump. 	<p>Maximum 3 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> • Minimum 10 revolutions • All 3 basic positions with minimum 2 revolutions in each position for highest base value • 1 spin with a flying entry* <ul style="list-style-type: none"> • Minimum 6 revolutions • 1 spin with only one position* <ul style="list-style-type: none"> • Minimum 6 revolutions <p>All spins may change feet and start with a flying entry</p> <p>Spins must be of a different character</p>	<p>Maximum 1 Sequence:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> • Must fully utilize the ice surface

<p>Excel Senior Time: Ladies and Men 4:00 +/-10</p> <p>Must not have passed higher than U.S. Figure Skating senior free skate test</p> <p>*means required element</p> <p>Full U.S. Figure Skating membership required</p>	<p>Maximum 7 jump elements</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 must be an Axel-type jump* <input type="checkbox"/> All single and double jumps allowed, including the double Axel. <ul style="list-style-type: none"> • Triple and higher jumps not allowed • No double jump can be included more than twice, and if repeated, at least 1 attempt must be as part of a jump combination or sequence <input type="checkbox"/> Maximum 3 jump combinations or sequences <ul style="list-style-type: none"> • Jump combinations limited to 2 jumps. One 3-jump combination is allowed • Jump sequence is any listed jump immediately followed by an axel type jump. 	<p>Maximum 3 spins:</p> <ul style="list-style-type: none"> • 1 spin combination, with or without change of foot* <ul style="list-style-type: none"> • Minimum 10 revs • All 3 basic positions with minimum 2 revs in each position for highest base value • 1 spin with a flying entry* <ul style="list-style-type: none"> • Minimum 6 revolutions • 1 spin with only one position* <ul style="list-style-type: none"> • Minimum 6 revolutions <p>All spins may change feet and start with a flying entry</p> <p>Spins must be of a different character</p>	<p>Maximum 2 Sequences:</p> <ul style="list-style-type: none"> • Choreographic Step Sequence* (ChSt) <ul style="list-style-type: none"> • Must fully utilize the ice surface • One Choreographic Sequence* (ChSq) <ul style="list-style-type: none"> • Must be clearly visible
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SINGLES COMPULSORY MOVES

Skaters may enter only one singles compulsory moves / elements event (Singles, LTS Basic Skills Elements or Basic Freeskiate Compulsory Elements). Participation is based on test level, not free-skate choice. Test qualifications are the same as for the free skating event. Skaters will be grouped by age when possible. This event will be skated in the form of a free skating program, but **WITHOUT** music. Mandatory deductions will be taken for any **UNSPECIFIED** or **ADDITIONAL** elements. Connecting steps are allowed, but should be limited to the minimum necessary to link the various moves. **FAILED MANEUVERS ARE NOT PERMITTED TO BE RESKATED.** Programs are limited to ½ ice surface unless otherwise noted. There is no penalty for programs shorter than the maximum time. Deductions will be taken for programs which are longer than the maximum permitted time.

Skaters may compete at their test level OR at any higher level of their choice

LEVEL	TIME	ELEMENTS – May be skated in ANY order
Beginner (Passed no higher than the LTS Basic Skills Badge 6 test level)	1:15 max	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two-foot or one-foot spin- minimum 3 revolutions (free leg position optional) 4. Forward OR Backward spiral
High Beginner (Passed no higher than the LTS Badge Free skate 3 test level)	1:15 max	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin- minimum 3 revolutions 4. Forward of backward spiral
No-Test (Not passed the Pre-preliminary FS test)	1:15 max	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin- sit <u>or</u> camel- minimum 3 revolutions 4. Spiral sequence, must include a forward and backward spiral- additional spirals and balance moves may be included
Pre-Preliminary	1:00 max	<ol style="list-style-type: none"> 1. Toe Loop jump 2. Jump combination: single/single (no Axel) 3. Sit spin <u>or</u> Camel spin- minimum 3 revolutions 4. Spiral sequence with one foot spiral and one backward spiral (any edge)
Preliminary	1:00 max	<ol style="list-style-type: none"> 1. Lutz jump 2. Jump combination: single/single (may include Axel) 3. Back upright spin – minimum 3 revolutions total 4. Forward inside spiral
Pre-Juvenile	1:15 max	<ol style="list-style-type: none"> 1. Single jump (may include an Axel) 2. Any single/single jump combination (may include an Axel) 3. Layback spin <u>or</u> camel spin – minimum of 3 revolutions 4. Step sequence- circular
Juvenile / Open Juvenile	1:15 max	<ol style="list-style-type: none"> 1. Single Axel 2. Jump combination – any single/single or double/single 3. Layback spin <u>or</u> camel spin – minimum 3 revolutions 4. Step sequence- circular
Intermediate	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Double Salchow <u>OR</u> double Toe-loop jump; 2. Jump combination: single/single or double/single 3. Any flying spin – minimum 5 revolutions 4. Step sequence – straight line
Novice	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Double loop jump 2. Jump combination: double/single or double/double 3. Any flying spin – minimum 5 revolutions 4. Step sequence – straight line
Open (Open to any skater regardless of test level)	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Double Flip <u>OR</u> Double Lutz jump 2. Jump combination with any double/double or double/triple 3. Combination spin- minimum 10 revolutions 4. Full ice step sequence – straight line

**Compete USA Snowplow Sam – Basic 6 Basic
Elements Event**

*Event Format: Each skater will perform all of the required elements before moving on to the next skater. Each skater will perform each element when directed by a judge **OR** the skater may have the option to skate the elements in the form of a program **in the order listed below** (with no excessive connecting steps).*

- Skaters may skate at their test level **OR** up one level.*
- To be skated on 1/3 to 1/2 ice*
- No music*
- All elements must be skated in the order listed*
- Time: 1:00 or less*

Skaters may compete at their highest test level **OR** one level higher

<p><u>Snowplow Sam / CANSKATE Stage 1</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<p><u>Basic 4 / CANSKATE Stage 5</u></p> <ol style="list-style-type: none"> 1. Backward one foot glides, right and left 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 4-6 consecutive both directions 4. Beginning Two foot spin-up 2-4 revolutions 5. Backward ½ swizzle pumps either direction
<p><u>Basic 1 / CANSKATE Stage 2</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6-8 in a row 3. Beginning snowplow stop on two-feet or one foot 4. Backward wiggles 6-8 in a row 	<p><u>Basic 5 / CANSKATE Stage 6</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 4-6 consecutive - both direction 3. Advanced two foot spin 4-6 revolutions 4. Standstill forward outside three turn R <u>and</u> L 5. Hockey stop
<p><u>Basic 2 / CANSKATE Stage 3</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Scooter pushes 3. Moving snowplow stop 4. Two foot turn in place - forward to backward 5. Backward two foot swizzles 6 - 8 in a row 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Beginning one foot spin, 2-4 revolutions 5. T-stop - R or L
<p><u>Basic 3 / CANSKATE Stage 4</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive pumps 3. Forward slalom 4. Backward one foot glide - either foot (focus on balance) 5. Moving forward to backward two foot turns on a circle clockwise <u>and</u> counter clockwise 	

Compete USA Snowplow Sam – Basic 6 Program
with Music

Event Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on **full** ice*
- The skater may use elements from a previous level.*
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.*

LEVEL	TIME	SKATING RULES/STANDARDS
Snowplow Sam	1:10 max	<ol style="list-style-type: none"> 1. March followed by a two-foot glide and dip 2. Forward two-foot swizzles, 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles, 2-6 in a row
Basic 1	1:10 max	<ol style="list-style-type: none"> 1. Forward two-foot glide and dip 2. Forward two-foot swizzles, 6-8 in a row 3. Beginning snowplow stop on two-feet or one-foot 4. Backward wiggles, 6-8 in a row
Basic 2	1:10 max	<ol style="list-style-type: none"> 1. Forward one-foot glide, either foot 2. Scooter pushes, right and left foot, 2-3 each foot 3. Moving snowplow stop 4. Two-foot turn in place, forward to backward 5. Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max	<ol style="list-style-type: none"> 1. Beginning forward stroking showing correct use of blade 2. Forward 1/2 swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive 3. Forward slalom 4. Beginning backward one-foot glide, either foot 5. Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max	<ol style="list-style-type: none"> 1. Backward one-foot glides, right and left 2. Forward outside edge on a circle, clockwise or counter clockwise 3. Forward crossovers, 4-6 consecutive, both directions 4. Beginning two-foot spin, maximum 2-4 revolutions 5. Backward 1/2 swizzle pumps on a circle, one direction only
Basic 5	1:10 max	<ol style="list-style-type: none"> 1. Backward outside edge on a circle, clockwise or counterclockwise 2. Backward crossovers, 4-6 consecutive, both directions 3. Advanced two-foot spin, maximum 4-6 revolutions 4. Forward outside three-turn, right and left 5. Hockey stop
Basic 6	1:10 max	<ol style="list-style-type: none"> 1. Forward inside three-turn, right and left 2. Bunny Hop 3. Forward spiral on a straight line, right or left 4. Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry 5. T-stop, right or left

Compete USA Pre-Freeskate to Freeskate 3

Compulsory Elements Event

*Format: Each skater will present, in program form – but without music, the elements listed below. The skater should use a limited number of connecting steps; the skating order of the required elements is optional. **Skaters may skate at their test level OR up one level.***

- *To be skated on ½ ice*
- No music is allowed*
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels*
- A.2 deduction will be taken for each element performed from a higher level*
- Allowed time: 1:15 or less*

Skaters may compete at their highest test level OR one level higher

Pre-Freeskate Compulsory Elements

1. Forward inside open mohawk R to L and L to R from standstill
2. Waltz jump
3. One foot upright spin, optional entry and free foot-minimum 3 revolution
4. Two forward crossovers into a Forward inside open Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise
5. Mazurka

Free skate 1 Compulsory Elements

1. Forward power stroking, 4-6 consecutive strokes
2. Backward outside three-turns, right and left
3. Upright spin, entry from backward crossovers-minimum 4-6 revolutions
4. Toe Loop
5. Half flip jump

Free skate 2 Compulsory Elements

1. Alternating forward outside and inside spirals on a continuous axis (2 sets)
2. Backward inside three-turns, right and left
3. Beginning back spin - entry optional - minimum 2 revolutions
4. ½ Lutz
5. Salchow

Free skate 3 Compulsory Elements

1. Waltz three-turns, clockwise and counterclockwise 2-3 sets
2. Alternating Mohawk/crossover step sequence R to L and L to R -2 sets
3. Advanced Back spin- with free foot crossed
4. Loop jump
5. Waltz jump/toe loop or Salchow/toe loop jump combination

Compete USA- Pre-Free Skate – Free Skate 3 Program With Music

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- *To be skated on full ice.*
- *The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.*
- *A 0.2 deduction will be taken for each element performed from a higher level.*
- *Time 1:40 max.*

LEVEL	TIME	SKATING RULES/STANDARDS
Pre- Free Skate	1:40 max	<ol style="list-style-type: none"> 1. Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise 2. One-foot upright spin, optional entry and free-foot position (minimum 3 revolutions) 3. Mazurka 4. Waltz jump
Free Skate 1	1:40 max	<ol style="list-style-type: none"> 1. Forward power stroking, 4-6 consecutive strokes 2. Upright spin, entry from backward crossovers - minimum 4-6 revolutions 3. Toe loop jump 4. Half flip jump
Free Skate 2	1:40 max	<ol style="list-style-type: none"> 1. Alternating forward outside and inside spirals on a continuous axis (2 sets) 2. Beginning back spin, up to two revolutions 3. Half Lutz 4. Salchow jump
Free Skate 3	1:40 max	<ol style="list-style-type: none"> 1. Alternating Mohawk/crossover sequence, right to left and left to right 2. Advanced back spin with free foot in crossed leg position, min 3 revs 3. Loop jump 4. Waltz jump-toe loop or Salchow-toe loop jump combination

SINGLES COMPULSORY SPINS

*This event will be skated in the form of a free skating program, but WITHOUT music; the required elements may be skated in any order. Mandatory deductions will be taken for any UNSPECIFIED OR ADDITIONAL elements or a program longer than maximum time. Connecting steps are allowed, but such steps should be limited to the minimum necessary to link the various moves. **FAILED MANEUVERS ARE NOT PERMITTED TO BE RESKATED.** All programs are limited to ½ ice and have a maximum time of 1:30. Minimum qualifications are the same as for the free skating events, except as noted. (Minimum revolutions are shown in parentheses)*

Skaters may skate at either their Freestyle test level OR at a higher level of their choice.

LEVEL	ELEMENTS
No-Test (Not passed the Pre-preliminary FS test)	<ol style="list-style-type: none"> 1. Upright 2-foot spin (3) 2. Upright 1-foot spin (3) 3. Sit-spin in recognizable sit position (3)
Pre-Preliminary	<ol style="list-style-type: none"> 1. Upright one-foot spin (3) 2. Upright back-scratch spin (3) 3. Sit spin (3)
Preliminary	<ol style="list-style-type: none"> 1. Forward scratch to back scratch spin (3) 2. Sit spin (3) 3. Combination spin with no change of foot (4)
Pre-Juvenile	<ol style="list-style-type: none"> 1. Camel spin (4) 2. Combination spin: front camel to front sit (6) 3. Forward to backward scratch spin (3 per foot)
Juvenile/Open Juvenile	<ol style="list-style-type: none"> 1. Sit spin (4) 2. Combination spin with change of foot (change of position is optional) (4 per foot) 3. Girls: Layback spin (4); Boys: camel spin (4)
Intermediate	<ol style="list-style-type: none"> 1. Flying camel spin (5) 2. Forward sit spin to backward sit spin (4 per foot) 3. Combination spin- change of foot and at least 1 change of position (4 per foot)
Novice	<ol style="list-style-type: none"> 1. Choice of camel, sit or layback spin (6) 2. Camel spin to backward camel spin (4 revolutions per foot, in position) 3. Combination spin - change of foot and at least 2 changes of position (2 per position and 5 per foot)
Open (Open to any skater regardless of test level)	<ol style="list-style-type: none"> 1. Flying sit spin or flying reverse sit spin (6) 2. Solo spin of choice – may not fly (6) 3. Combination spin - with change of foot, utilizing all 3 positions (entry may fly; 2 per position and 5 per foot)

SINGLES JUMP CHALLENGE

Each jump listed must be skated in the order shown. Skaters may attempt each jump twice – the best attempt will be marked. Beginner through Juvenile events will be skated on ½ ice; Intermediate – Open events will be skated on full ice. Minimum qualifications are the same as for the free skating events, except as noted. Deductions will be taken for skaters exceeding the maximum time.

Skaters may compete at either their Freestyle test level OR at a higher level of their choice

LEVEL	TIME	ELEMENTS
Beginner (Passed no higher than the LTS Basic Skills Badge 6 test level)	1:15 max	<ol style="list-style-type: none"> 1. Waltz jump (from backward crossovers) 2. ½ flip or ½ lutz 3. Single salchow
High Beginner (Passed no higher than the Badge Free skate 3 test level)	1:15 max	<ol style="list-style-type: none"> 4. Waltz jump (from backward crossovers) 5. Single Salchow 6. Jump combination- waltz jump/toe loop
No-Test (Not passed the Pre-preliminary FS test)	1:15 max	<ol style="list-style-type: none"> 1. Single Toe-loop 2. Single Loop 3. Jump combination- any two ½ or single revolution jumps (no Axel)
Pre-Preliminary	1:15 max	<ol style="list-style-type: none"> 1. Single Toe-loop jump 2. Single Flip 3. Jump combination of any two ½ or single revolution jumps (no axel)
Preliminary	1:15 max	<ol style="list-style-type: none"> 1. Single Flip jump 2. Single Lutz jump 3. Jump combination: any 2 single jumps + single loop (may include an Axel)
Pre-Juvenile	1:15 max	<ol style="list-style-type: none"> 1. Single Axel 2. Single OR Double Flip 3. Jump combination: single/single (may not include an Axel)
Juvenile/Open Juvenile	1:15 max	<ol style="list-style-type: none"> 1. Single Axel 2. Double salchow 3. Jump combination: any single/single OR double/single (may <u>not</u> include an Axel)
Intermediate	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Single Axel 2. Double Loop 3. Jump combination: double/single (may not include an Axel)
Novice	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Double loop 2. Single or Double Flip 3. Jump combination: any double/double (may include a double Axel)
Open (Open to any skater regardless of test level)	1:30 max. (full ice)	<ol style="list-style-type: none"> 1. Choice of double or triple jump 2. Double or triple flip 3. Single or double Axel in series or combination with any other double or triple jump

MEYDA Tiffany SOLO SHOWCASE

Skaters will present a performance which will be judged solely on theatrical and artistic qualities from an entertainment standpoint. Technical skating skill and difficulty are not specifically marked. However, skating must be the MAJOR element of the performance and of sufficient competence to support the components chosen. Vocal music is permitted.

Qualifications for initial rounds of showcase are the same as for the free skating events. Skaters may enter only one Solo Showcase category. Each level may include men or ladies. Judge panels for the initial round will be composed of USFSA judges. The Championship rounds may include interested individuals from the community. Skaters will be judged in the following areas:

1. Choreography – Arrangement of steps, jumps, spins, etc. as it pertains to the program concept
2. Music Interpretation – Expression of mood/theme of music, acting
3. Audience Appeal – Energy, Projection, Timing
4. Technical Merit – Style, flow, and confidence of performance as it relates to the music
5. Use of props and scenery
6. Overall Performance

Costumes receive no mark; however, they should be appropriate for the performance as they may improve or diminish the performance and thus have an effect on the overall marking. DO NOT use feathers, dangling beads, or other materials that may come off a costume during the performance.

Props should be small enough that the skater can bring them on/off the ice themselves (without assistance) in a single trip. The referee has the right to disallow any costume or prop as inappropriate.

Times listed are suggested performance times; there is no minimum time. If a performance exceeds the suggested time by more than 10 seconds, that portion in excess will not be marked and a time penalty will be assessed. Timing starts with the first motion of the body.

Each skater will receive one mark from each judge, using the 6.0 scale.

Please include a short title or description of your program on the registration form. Skaters finishing 1st and 2nd at each level will be invited to re-skate their program in a Championship round. NEW THIS YEAR: there will be TWO Championship rounds: one for lower level and one for upper level skaters. First place finishers in each Championship round will be awarded Meyda Tiffany trophies. Medals and ribbons will be awarded for both initial and Championship rounds. Skaters in events with two or fewer competitors may move directly to the Championship round.

The panel of judges will also grant special awards to the skaters for funniest, most artistic and best costume.

First through fourth place finishers in the Solo Showcase events will qualify to receive an invitation to compete at the 2019 National Showcase Competition in Wenatchee, WA, July 31-August 4, 2019.

CATEGORY	Qualifications	Max TIME
No Test *	Includes Basic Skills, Beginner and No Test competitors – Not passed Pre-Preliminary freestyle	1 minute
Pre-preliminary *	Not passed Preliminary freestyle	1-1.5 minutes
Preliminary	Not passed Pre-Juvenile freestyle	1.5 minutes
Pre-Juvenile	Not passed Juvenile freestyle	2 minutes
Juvenile	Not passed Intermediate freestyle	2 minutes
Intermediate	Not passed Novice freestyle	2 minutes
Open	Novice, Junior, Senior levels - open to any skater regardless of test level	2.5 minutes
Open Adult**	Any skater over the age of 21; no axels or double jumps permitted	1.5 minutes

*No Test and Pre-Preliminary skaters do not qualify for National Showcase

**Adult skaters will be separated by test level and age if there are sufficient entries

SMALL GROUP SHOWCASE

Skaters will present a performance which will be judged solely on theatrical and artistic qualities from an entertainment standpoint. Technical skating skill and difficulty are not specifically marked, however, skating must be the MAJOR element of the performance and of sufficient competence to support the components chosen. Vocal music is permitted.

The same general time, qualification, costume and technical rules will apply as Solo Showcase, except that skaters may perform with a small group (2 to max 5) of skaters. The group will compete at the highest freeskate test level of its member skaters. Groups may consist of any mix of male and female skaters.

Competitors in these events do not qualify to National Showcase. These events are NOT part of the Meyda Tiffany showcase event.

Skaters may enter only ONE group showcase event.

CATEGORY	Qualifications	Maximum TIME
No Test	Includes Basic Skills, Beginner and No Test competitors – Not passed Pre-Preliminary freestyle	1 minute.
Preliminary	Includes Pre-pre and Preliminary skaters -Not passed Pre-Juvenile free-skate test	1.5 minutes.
Intermediate	Includes Pre-Juvenile, Juvenile and Intermediate skaters. Not passed Novice free-skating test	2 minutes
Open	Novice, Junior, Senior skaters - open to any skater regardless of test level	2.5 minutes

SOLO PATTERN DANCE

Competitors will skate the dance listed for two (2) patterns. Events will be separated by gender and age of skaters if there are sufficient entries to warrant it. Music will be provided by the host club.

Skaters may compete at their test level OR 1 (one) level higher.

Level	Test Requirements	Dance
No Test	Not completed ANY USFS dance tests	Dutch Waltz
Preliminary	Not passed any Pre-Bronze USFS dance tests	Canasta Tango
Pre-Bronze	Not passed any Bronze USFS dance tests	Cha Cha
Bronze	Not passed any Pre-Silver USFS dance tests	Hickory Hoedown
Pre-Silver	Not passed any Silver USFS dance tests	Fourteenstep
Silver	Not passed any Pre-Gold USFS dance tests	Silver Tango
Pre-Gold	Not passed any Gold USFS dance tests	Kilian
Gold	Open	Viennese Waltz
International / Open	Open	Argentine Tango

MOVES IN THE FIELD TO MUSIC

Skaters may enter only one Moves in the Field event.

Level will be determined by the highest Moves in the Field test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.

- 1. Each program must contain the specified moves within the time duration given. **NOTE: THIS IS A MAXIMUM TIME- NO PENALTY WILL BE GIVEN FOR PROGRAMS SHORTER THAN THE MAXIMUM DURATION.***
- 2. Music may be vocal or instrumental.*
- 3. Moves may be performed in any order.*
- 4. Two marks will be given. The technical mark will be based on the foci of the specified moves. Difficulty of transitions will not be rewarded in the technical mark. The presentation mark will be based on carriage, projection, style, ice coverage, phrasing of movements to music and creativity of transitional elements.*

Skaters may compete at either their Moves in the Field test level OR at a higher level of their choice

Level	MAX Time	Skating rules/standards
Pre-Preliminary	2:10 max.	<ul style="list-style-type: none"> • Clockwise Perimeter Stroking • Backward Inside Edges • Left Spiral • Waltz Eight
Preliminary	2:20 max.	<ul style="list-style-type: none"> • Forward and Backward Crossovers • Consecutive Inside Spirals • Right Forward Power 3-turns • Forward Circle Eight
Pre-Juvenile	2:20 max.	<ul style="list-style-type: none"> • Forward Power Stroking • RFO-LBI Three Turns in the field • Backward Power Change of Edge Pulls • Five Step Mohawk Sequence
Juvenile	2:30 max.	<ul style="list-style-type: none"> • Clockwise Forward Power Circle • Backward Power Three Turns • Forward Free Skating Cross Strokes • Forward Outside Double Three Turns
Intermediate	2:50 max.	<ul style="list-style-type: none"> • 1st Side Spiral Sequence • RFO-LBI Brackets in the field • Forward Twizzle- Outside only • Inside Slide Chasse Pattern
Novice	3:00 max	<ul style="list-style-type: none"> • Inside 3-Turn/rocker-choctaw Sequence • Right Forward/Backward Outside Counters • Forward Outside Loops • Backward Inside Twizzles
Junior	3:15 max	<ul style="list-style-type: none"> • Right Forward/Backward Outside Rockers • Left Power Pulls • R-L-R Choctaw Sequence Side • Backward Outside Loops • Straight Line Step Sequence - right foot start only
Senior	3:20 max.	<ul style="list-style-type: none"> • Sustained Edge Step-clockwise only • Spiral Sequence-right foot start only • Backward Outside power double 3's to power inside rockers - left foot only • Back Inside Power double 3's to power double outside rockers - right foot only • Serpentine Edge Step - counterclockwise only

MOHAWK VALLEY CLASSIC – JANUARY 19, 2019

ENTRY FORM

Competitor's Name _____ Birthdate _____ Age _____
 Address _____
 Phone _____ e-mail _____ USFS# _____ Gender: M / F
 Home Club _____ Self-addressed, stamped envelope enclosed _____
 Highest Test Passed: Basic Skills _____ Freestyle _____ Moves _____ Dance _____

<u>Well Balanced Free Skate</u>	<u>Excel Free Skate</u>	<u>Compete USA Program w/Music</u>	<u>Showcase</u>	<u>OTHER FORMS</u>
<input type="checkbox"/> No Test	<input type="checkbox"/> Beginner	<input type="checkbox"/> Snowplow Sam	<input type="checkbox"/> No Test	
<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> High Beginner	<input type="checkbox"/> Badge 1	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Small Group Showcase
<input type="checkbox"/> Preliminary	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Badge 2	<input type="checkbox"/> Preliminary	
<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Preliminary Plus	<input type="checkbox"/> Badge 3	<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Compete USA Elements
<input type="checkbox"/> Open Juvenile	<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Badge 4	<input type="checkbox"/> Juvenile	
<input type="checkbox"/> Adult Pre-Bronze	<input type="checkbox"/> Pre-Juvenile Plus	<input type="checkbox"/> Badge 5	<input type="checkbox"/> Intermediate	<input type="checkbox"/> Badge Freeskate Elements
<input type="checkbox"/> Adult Bronze	<input type="checkbox"/> Juvenile	<input type="checkbox"/> Badge 6	<input type="checkbox"/> Open	
<input type="checkbox"/> Adult Silvers	<input type="checkbox"/> Juvenile Plus	<input type="checkbox"/> Pre-Freeskate	<input type="checkbox"/> Open Adult	
<input type="checkbox"/> Adult Gold	<input type="checkbox"/> Intermediate	<input type="checkbox"/> Badge Freeskate 1		Solo Showcase Theme/Title:
<input type="checkbox"/> Adult Masters	<input type="checkbox"/> Novice	<input type="checkbox"/> Badge Freeskate 2		_____
	<input type="checkbox"/> Junior	<input type="checkbox"/> Badge Freeskate 3		
	<input type="checkbox"/> Senior			
<u>Compulsory Moves</u>	<u>Compulsory Spins</u>	<u>Jumps Challenge</u>	<u>MIF to Music</u>	<u>Solo Pattern Dance</u>
<input type="checkbox"/> Beginner	<input type="checkbox"/> No Test	<input type="checkbox"/> Beginner	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> No Test
<input type="checkbox"/> High Beginner	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> High Beginner	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Preliminary
<input type="checkbox"/> No Test	<input type="checkbox"/> Preliminary	<input type="checkbox"/> No Test	<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Pre-Bronze
<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Juvenile/Open Juv	<input type="checkbox"/> Bronze
<input type="checkbox"/> Preliminary	<input type="checkbox"/> Juvenile/Open Juv	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Intermediate	<input type="checkbox"/> Pre-Silver
<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Intermediate	<input type="checkbox"/> Pre-Juvenile	<input type="checkbox"/> Novice	<input type="checkbox"/> Silver
<input type="checkbox"/> Juvenile/Open Juv	<input type="checkbox"/> Novice	<input type="checkbox"/> Juvenile/Open Juv		<input type="checkbox"/> Pre-Gold
<input type="checkbox"/> Intermediate	<input type="checkbox"/> Open	<input type="checkbox"/> Intermediate		<input type="checkbox"/> Gold
<input type="checkbox"/> Novice		<input type="checkbox"/> Novice		<input type="checkbox"/> Open/International
<input type="checkbox"/> Open		<input type="checkbox"/> Open		

Certificate of Eligibility: To the best of my knowledge, the above skater is an amateur, is eligible to enter the events indicated above, and is a member in good standing of this club.

Club Officer _____ Title _____ Date _____

Signature of Professional _____ USFS # _____ Date _____

Printed name of Professional _____ Professional's email _____

Waiver of Responsibility: Each competitor, family, and coach holds the Skating Club of New Hartford, any representatives of such, and US Figure Skating officials harmless from any and all liability for injuries and from any and all liability for damages or loss of property. Entries are accepted only on such conditions.

Signature of Skater _____ Date _____

Signature of Parent/guardian (if under 18) _____ Date _____

Entry Fees:

\$60 First 6.0 event,

\$30 Second event, \$15 Each additional event

Late Fee: after December 7, 2018, (if applicable)

NON ELECTRONIC ENTRY:

Number of events: _____

First 6.0 Event: \$ _____

Additional Events: \$ _____

LATE FEE: **\$25**

Paper Entry: **\$20**

Late Entries accepted only at the discretion of the committee
 Entries through Entryeeze link at www.scnh.org

CLOSING DATE: DECEMBER 7, 2018

TOTAL: \$ _____

MOHAWK VALLEY CLASSIC – Team Entry Form
January 19, 2019

 Small Group Showcase - \$45.00

TEAM NAME / Level _____
HOME CLUB _____

Certificate of Eligibility: To the best of my knowledge, the following skaters are amateur, eligible to enter the event indicated above, and are members in good standing of their home club.

Club Officer _____ Title _____ Date _____

SKATERS

- 1) _____ FS test level _____ USFS # _____
2) _____ FS test level _____ USFS # _____
3) _____ FS test level _____ USFS # _____
4) _____ FS test level _____ USFS # _____
5) _____ FS test level _____ USFS # _____

Please Use a Separate form for EACH Team

SMALL GROUP SHOWCASE

- No-Test
 Preliminary
 Intermediate
 Open

THEME: _____

Only one team entry form per team needs to be submitted.
Even if a skater is not entering other individual events, they must complete an individual registration.
Mark Small Group Showcase

Skaters may compete on only **ONE** small group Showcase team.

Closing date: December 7, 2018

Late Fee: If entered after December 7, 2018 - \$25

Entry through Entryeeze link at www.scnh.org

**2019 Mohawk Valley / Compete USA
Basic Skills Elements – Entry Form
Saturday, January 19, 2019**

Skater's Name _____ Birthdate _____ Age _____
 Address _____ Phone _____ e-mail _____
 Highest Test Passed: Basic Skills _____

LTS Basic Skills or Basic Freeskate skaters **may** register for other events as qualified by their test level. (Showcase, Moves in the Field to Music, Freeskate: Excel Well-Balanced, LTS Basic Program with Music, Compulsory Spins, Compulsory Jumps, Small Group Showcase). Registration for THOSE events must be completed on the appropriate form.

Skaters registered for LTS Basic Skills or Basic Free skate Compulsory Elements events may **NOT** register for Singles Compulsory Moves.

Please enter me in the following Basic Compulsory Elements Event

**LTS Snowplow Sam – Basic 6
Basic Elements Event**

- _____ Snowplow Sam
- _____ Basic 1
- _____ Basic 2
- _____ Basic 3
- _____ Basic 4
- _____ Basic 5
- _____ Basic 6

**LTS Basic Free Skate 1-3
Compulsory Elements Event**

- _____ Badge Pre-Freeskate
- _____ Badge Freeskate 1
- _____ Badge Freeskate 2
- _____ Badge Freeskate 3

Skaters who wish to also register for the LTS Basic Program with Music events must complete the appropriate standard form. Skaters choosing to compete in the LTS Basic Program with Music events may **NOT** also register for Excel or Well-Balanced Free skate events.

Entry Fees: \$30 Basic Skills and Basic Freeskate Basic Elements event, **ENTRY FEES:** \$ _____
Late Fee: after December 7, 2018, \$25 **LATE TOTAL:** \$ _____
Late entries accepted only at the discretion of the committee **TOTAL:** \$ _____

Certificate of Eligibility: T7 the best of my knowledge, the above skater is an amateur, eligible to enter the events indicated above, and a member in good standing of this club.

Club Officer _____ **Title** _____ **Date** _____
Signature of Professional _____ **USFS #** _____ **Date** _____
Phone _____ **e-mail** _____

Waiver of Responsibility: Each competitor, family, and coach holds the Skating Club of New Hartford, any representatives of such, and US Figure Skating officials harmless from any and all liability for injuries and from any and all liability for damage or loss of property. Entries are accepted only on such conditions.

Signature of Skater _____ **Date** _____

Signature of Parent / guardian (if under 18) _____ **Date** _____

Closing date: December 7, 2018

Entry through Entryeze link at www.scnh.org